Achieving Excellence: Hiring the Best. Developing the Best. Keeping the Best.

Building a Comprehensive Approach to Wellness in the Residency

September 15, 2017 · 11:45 am – 4:30 pm

The Silver Garden Event Center
24350 Southfield Road, Southfield MI 48075

Featured Wellness Expert:
Liselotte N. Dyrbye, MD, MHPE
Professor of Medicine and Director of Medical Education
Associate Director of Physician Well-being
Mayo Clinic
Rochester, Minnesota

Includes poster presentations from area programs on best practices and local initiatives for maintaining wellness

Buffet Lunch and Poster Presentations begin at 11:45 AM

Presented by
The Southeast Michigan Center for Medical Education
Faculty Development Committee

Register at SEMCME.ORG
Building A Comprehensive Approach to Wellness in the Residency

This **afternoon** workshop is designed for all members of the residency team including program directors, faculty, chief residents, coordinators, and GME specialists.

*Building a Comprehensive Approach to Wellness in the Residency* is in partnership with the annual Coordinator Conference so that residency teams can attend together. Coordinators will join the faculty development participants for an afternoon of engagement and learning.

**Session Objectives:**

By the end of this timely session, participants will be able to:

- Explain the prevalence of burnout and potential contributors
- Describe the consequences of burnout
- Give examples of self-care strategies that mitigate risk of burnout
- Identify organizational strategies to enhance well-being and encourage appropriate help-seeking behaviors
- Describe strategies to reduce risk of resident suicide

Register at [SEMCME.ORG](http://SEMCME.ORG)